

# SNAP STUDENT RESOURCE GUIDE

The Supplemental Nutrition Assistance Program (SNAP), formerly known as the Food Stamp Program, helps people with little or no income buy nutritious food from local grocery stores. Individuals and families that apply and are approved for SNAP will receive a debit card that is loaded with approved SNAP cash benefits each month.

## WHAT ARE THE STUDENT ELIGIBILITY REQUIREMENTS?

A student is an individual who is 18 or older and under 50 and attending an institution of higher education at least half-time. This includes college, universities, business, technical, and trade schools that normally require a high school diploma or GED.

**Students may be eligible for SNAP if they meet income guidelines and at least one of the following conditions:**

- Employed or self-employed at least 80 hours a month, earning at least minimum wage
- Participating in Work Study program-no hour requirement
- Receiving Temporary Assistance for Families Cash benefits
- Responsible for the care of a child under 6
- A single parent enrolled full-time with a child under the age of 12
- Responsible for the care of a child between ages 6-12, where adequate childcare is not available to allow the student to attend classes and work 20 hours a week
- Participating in state employment or training program for low-income households

Students who are 50 years of age and older, attend an institution of higher education less than half-time, or have a disability (by social security standards) may be eligible for SNAP without meeting one of the above conditions.

## IF I DON'T QUALIFY FOR SNAP, WHERE CAN I GET FOOD?

### Campus Cupboard

food pantry open to KU students, faculty, and staff  
Kansas Union, Level 4  
M-F 10am-5pm

### Just Food

Douglas County food bank and pantry  
1000 E 11th St  
[info@justfoods.org](mailto:info@justfoods.org)  
785-856-7030

### Westwood House Cupboard

food pantry  
1421 W 19th St  
Thursdays from 4-7pm

### Ecumenical Campus Ministries

free Veggie Lunch while KU is in session  
1204 Oread Ave  
Thursdays from 11:30am - 1pm

### Emergency Aid Network

connects KU students who need campus and community financial resources  
[help.ku.edu](http://help.ku.edu) or [ean@ku.edu](mailto:ean@ku.edu)

### Douglas Country Food Resources

guide for free and low-cost food in Douglas County  
English: [tinyurl.com/yicsbs05h](http://tinyurl.com/yicsbs05h)  
Spanish: [tinyurl.com/ycmfty3e](http://tinyurl.com/ycmfty3e)

### Harvesters Food Assistance Locator

search engine for Harvesters pantries, food distributions sites, and meal sites  
[harvesters.org/Get-Help/Service-Locator](http://harvesters.org/Get-Help/Service-Locator)

## EASY WAYS TO APPLY FOR SNAP

1. Call the Harvesters SNAP Hotline at 877-653-9522 or email at [SNAP@harvesters.org](mailto:SNAP@harvesters.org)
2. Contact the KU Campus Cupboard at 785-864-4060 or via email [campuscupboard@ku.edu](mailto:campuscupboard@ku.edu)
3. Online SNAP Application: [dcf.ks.gov/services/eas/Pages/Application-for-benefits.aspx](http://dcf.ks.gov/services/eas/Pages/Application-for-benefits.aspx)



## FREQUENTLY ASKED QUESTIONS

### What are the SNAP household income guidelines?

#### MONTHLY INCOME LIMITS (EFFECTIVE 10/1/20-9/3/21)

People in Household	Max. Monthly Benefit Amount	Monthly Gross Income	Monthly Net Income
1	\$204	\$1,383	\$1,064
2	\$374	\$1,868	\$1,437
3	\$535	\$2,353	\$1,810
4	\$680	\$2,839	\$2,184
5	\$807	\$3,324	\$2,557
6	\$969	\$3,809	\$2,930
7	\$1,071	\$4,295	\$3,304
8	\$1,224	\$4,780	\$3,677

#### Definitions:

**Monthly Gross Income:** the amount of money you earn each month before anything is taken out for taxes or other deductions

**Monthly Net Income:** the amount of money you earn each month after taxes and deductions are taken out

### Does financial aid impact SNAP eligibility? Does it count as an income, asset, or neither?

Financial aid (e.g., pell grants, student loans, scholarships, etc.) is not countable as income or an asset.

### How does dependent status impact eligibility for SNAP?

If your parent counts you as a dependent for tax purposes, it does not affect your SNAP eligibility. However, if you are under 22 years old and live with your parent(s), your parent(s) would need to be included on your SNAP application as a part of your household. If you do not live with your parent, you can apply as your own case.

### What counts as a household for SNAP?

Individuals that live and purchase and prepare food together must apply for SNAP as one household. Those with roommates who buy and prepare meals together will apply for SNAP as one household, while those with roommates who purchase and prepare meals separately would apply for SNAP as separate households.

### Are international students eligible for SNAP?

International students may be eligible for SNAP if meet they one of the following:

- United States citizen
- Non-citizen parent with a child who is a citizen (child may be eligible)
- Permanent resident over the age 18 and have lived in the US for 5 years
- Refugee status

### Do out-of-state students apply in their home state or Kansas?

The Department of Children and Families (DCF) recommends out-of-state students apply for SNAP in Kansas.

### Can I use my SNAP Dollars in another state?

The EBT card can be used out of state at any SNAP vendor. However, if the individual is going to be out of state longer than 30 days, they should contact DCF.

### What is the deadline to spend the money?

SNAP benefits stay in your account until you use them. If you do not use your SNAP benefits for 12 consecutive months, some or all your benefits may be removed from your account. Once the SNAP benefits have been removed from your account for non-use, you CANNOT get them back.

### Are current SNAP qualifications and/or application procedures changed due to the pandemic?

SNAP guidelines are still in place. The only change at this time is the eligibility of SNAP benefits being increased by 15% through September 2021.

Currently, the Able-Bodied Adult Without Dependents (ABAWD) work requirement is covered under a waiver and is not in place. However, this waiver does not apply to students, and students must meet student eligibility requirements before any ABAWD rules apply.

### Other SNAP Resources?

SNAP users are eligible for FREE SNAP-Ed nutrition classes on how to stretch their food dollar and create nutritious meals. To learn more, contact K-State Research and Extension Douglas County at 785-843-7058 and ask for SNAP-Ed.

*Information is subject to change. For specific SNAP student eligibility questions, please contact the Kansas Department for Children and Families at 1-888-369-4777.*